

Updated 1st April 2011.

Lois Bickerton

Personal details

E-mail: lois@ocean2ocean.co.uk

Date of Birth: 13th May 1981

Passport: UK

Languages: English and conversational French

Health: Excellent, Non-smoker

Marital status: Long term relationship with Brendan Hall



Objectives

To provide a consistent high quality service when delivering interior and exterior services to owners and guests. To utilise and develop my past experience in hospitality and apply it successfully to my role. As a physiotherapist I have a consistently good rapport with clients, and have experience which requires a very professional image and attitude, a position of responsibility requiring excellent organisational and interpersonal skills. I would like to bring my established professional and mature attitude to a new career.

Yachting Qualifications

STCW95	2011
RYA Coastal Skipper	2010
RYA Yacht Master Theory	2009
RYA VHF operators certificate	2009
PADI Openwater Advanced Diver	2003

Hospitality Qualifications

Fish and Seafood, Ashburton Cookery School	2011
Intermediate Cookery, Ashburton Cookery School	2010
Thai Plus, Ashburton Cookery School, Devon	2010
Breadmaking, River Cottage Cookery School	2008

Yachting Experience

The Clipper Round the World Yacht Race 09-10 - I have 12,000 miles of offshore sailing experience following my participation in the race. I participated in three legs racing from UK to Rio de Janeiro Brazil as a crew, from Rio de Janeiro to Western Australia as a watch leader. As a watch leader I was responsible for running a watch, coordinating sail evolutions and keeping the skipper informed of any safety issues.

Additional Yacht Experience

I also have experience in sail repair, including spinnakers. I was part of the core crew involved with preparation of the boat before race start which involved boat maintenance, antifouling, winch servicing, whipping and splicing and safety checks. I was also part of the boat victualing team, organizing the menu, purchasing and stowage. I also managed the crew funds and uniforms.

Achievements

Hull and Humber Chamber of Commerce award for best performing individual crew member
Gosport to Grimsby Race 2009

Academic Qualifications

BSc Physiotherapy Brunel University 2002 2:1

8 years experience as a sports physiotherapist, acupuncture and pilates

Recent Professional Employment

Physio Plus Clinic, Holsworthy, Devon

April 2010 – October 2010

I was responsible for running a busy and successful physiotherapy clinic with sole responsibility for management of the clinic including patient care, accounts, banking and maintaining business targets

Keith James Physiotherapy Clinic, Bristol April 2007 – August 2010

As an associate physiotherapist I provided high quality patient care requiring excellent interpersonal skills, a professional attitude and business awareness

Hospitality employment

April Thatch bed and breakfast, Dorset

2002-2011

Breakfast preparation and service, room preparation and cleaning

The Castle Inn, Dorset

2001- 2005

A la carte restaurant service and food preparation

Ocean cocktail bar, San Stefanos, Corfu June 2000

Waitress service

Leisure Interests

Sailing, surfing, windsurfing

References available on request